"Man, unlike any other thing organic or inorganic in the universe, grows beyond his work, walks up the stairs of his concepts, emerges ahead of his accomplishments." (John Steinbeck, *Grapes of Wrath*, 1939).

The graduates and over 1,400 proud family members and friends filled the beautiful Southern Baptist Theological Seminary Chapel at Winter graduation ceremonies to be honored with diplomas and degrees as graduates of Sullivan College.

The End for Some

This night marked the end of formal education for many. They disappeared into the night secure with the thought that as a Sullivan graduate, they had a practical education and lifetime job placement assistance.

Others had plans to continue their education, to add a degree to their diploma or seek a Bachelor or Masters degree. Every graduate was rightfully proud of their accomplishment, but aware that in many ways, their challenge had just begun.

Impressive Ceremony

The graduates entered the spacious chapel promptly at 8 p.m. to the organ processional of Sir William Walton's *Crown Imperial*. After a brief introduction by Vice President Thomas F. Davisson, President A. R. Sullivan congratulated the graduates on their achievement and dedication.

"Not everyone who started with you is here tonight," he said. "We're here to recognize you, the winners."

Armstrong Challenges

The County Judge Executive for Jefferson County, Kentucky, David L. Armstrong, was the graduation speaker. Judge Armstrong is one of the most respected public figures in Kentucky and his accomplishments and awards are numerous. David Armstrong has been an avid supporter of Sullivan College and its graduates for many years.

Sullivan — the Best!

"Why do I continue to hire paralegal and legal secretary graduates from Sullivan College? The answer is simple. They are the best! I'm proud of my long associations with this fine institution. I look forward to many more years," said Armstrong.

If their academic achievements at Sullivan College are any indication, the Winter graduates of 1990 will do very well. A total of 33 graduates won the prestigious President's Cup signifying an accumulative grade point average of at least 3.7 on a 4.0 scale.

Again and Again

"Success breeds success," said Armstrong, "You have achieved where others have failed. Now you must continue to go forward and achieve yet again and again."

Left: Kristin, Brenda, and Brian display obvious joy of graduation. Right: President Sullivan (L) chats with graduation speaker, County Judge Executive Armstrong.
SHARON FAITH RECEIVES ALUMNI AWARD

Sharon Faith, a 1965 Executive Secretarial graduate of Sullivan College, received the prestigious Alumni Award at this year’s Winter graduation.

Climbed the Ladder

After leaving Sullivan, Sharon Faith went on to receive her Bachelors and Masters degrees from the University of Louisville. She had accepted a position as Legal Secretary for the law firm of Brown, Todd, and Heyburn in 1975. After completing her Paralegal degree, Sharon was promoted to Paralegal for this same law firm. In 1981 she accepted the position as Program Coordinator for Sullivan College’s paralegal program. She remained in that position until 1984 at which time she accepted the position of Director of Administrative Services at the Louisville law firm of Barnett and Alagia. In 1987 she accepted the position as Business Manager for the law firm of

(Continued on page 3)

Sharon Faith receives coveted Alumni Award from President A.R. Sullivan at Winter graduation.

Faith—Alumni Award

(Continued from page 1)

Johnson, Barton, Proctor, Swedlaw, and Naff in Birmingham, Alabama. Ms. Faith has recently become a partner and Vice President of Career Management and Consulting, Incorporated of Birmingham. CMC is an executive search firm handling mainly positions in the legal field.

Thanks Sullivan

“Sullivan has played a very important role in my life; there are many fond memories associated with this college. I want to thank President Sullivan and all the wonderful people at Sullivan College for the important part they have played in my life.” Congratulations, Sharon Faith, in your continued success!
Burks Chosen 1990 Homecoming Queen

"I was so nervous I felt like my heart was going to come right out of my chest." That was the feeling of Jennifer Burks while awaiting the announcement of the 1990 Sullivan College Homecoming Queen. Jennifer was chosen from a court of nine beautiful candidates. The Travel and Tourism student came to Sullivan straight from Waggener High School in Louisville, Kentucky. Royalty runs being named the Sullivan Homecoming Queen. Everyone has been great at Sullivan and I appreciate all their support."

The 1989 Homecoming Queen, Shelly Martin, relinquished her crown as Vice President Tom Davisson looked on and the crowd cheered wildly.

Queen, Game, Dance

The crowning of the Queen was at the half time of the Sullivan and St. Catharine basketball game which the Execs won by 28 points. The game was followed by a celebration dance. What a super day!

Jennifer Burks is crowned 1990 Homecoming Queen by 1989 Queen, Shelly Martin.

in the family as Jennifer's younger sister, Heather, was Waggener's Homecoming Queen this past fall.

Sullivan is Terrific

"I really love Sullivan. The faculty and staff are terrific!" Jennifer feels the staff really helps students and really cares about their success. Jennifer said, "It was a great privilege
Paralegal Program Earns American Bar Assoc. Approval

The House of Delegates of the American Bar Association (ABA) has granted final approval to The Institute for Paralegal Studies at Sullivan College. The ABA approval signifies that Sullivan’s program operates in accordance with the comprehensive ABA guidelines and consistently follows sound educational policies and practices. The term of this initial approval is for five years.

Riggs Coordinates Effort

Sullivan’s paralegal program has been in existence for ten years. Nicholas Riggs, paralegal program coordinator, coordinated the vast amount of statistics and documentation required by the ABA. Riggs also organized the ABA site team visit to the Sullivan-Louisville campus in August 1989.

Verifies Quality

Riggs was very pleased to receive official notification that the paralegal program had been approved. Riggs said, “This approval means a great deal to our program. It indicates that our students are receiving quality instruction which is comparable to what is being taught in the best ABA-approved schools across the country. ABA approval puts us in an elite group.” The Sullivan paralegal program is the first Louisville-area College or University program to be granted this prestigious approval by the ABA!
Ann and Melinda generously make their donation while John waits his turn — thanks!

Sullivan Students Give The Gift of Life . . . Again

The Louisville Chapter of the American Red Cross brought its Bloodmobile unit on campus recently as it does twice each year. Students and staff once again demonstrated that most important characteristic — concern for others.

Outstanding Job

Phi Beta Lambda sponsored this life giving activity and was responsible for all promotional activities and the sign-up of donors. "The blood drive came when the Louisville Red Cross was experiencing a critical need for blood. As usual, your students did an outstanding job," according to Ann Finley, consultant for Red Cross. The next Bloodmobile will be in August. Thanks to Sullivan’s generous and caring people!
Two Trips Now Included In Travel And Tourism Program

An exciting new part of the Travel and Tourism program at Sullivan Louisville and Lexington campuses is the inclusion of two major trips. Both of these fun and educational trips are included as part of the regular tuition.

Trip to Chicago

Students from Louisville and Lexington recently took the first trip under this program to Chicago where they traveled by chartered bus to Cincinnati and then by Amtrak from Cincinnati to Chicago. Guided city tours and special behind-the-scenes visits to hotels and several special meals were all parts of this outstanding activity.

Two More Planned

Another bus-plane trip is planned for freshmen this spring with a sensational one week trip to a major resort in Florida and a Caribbean cruise to follow in the fall. Both trips are provided for Sullivan’s Travel and Tourism majors at no additional tuition cost.

Student’s eye view

Marilyn Bork, a student who was on the recent Chicago trip said, “We covered a lot of territory in a relatively short time . . . we toured the downtown area, visited the Commodity Exchange and John Hancock Building, had dinner at Mike Ditka’s Restaurant, and even met Leon Spinks! The people we met were for the most part very friendly and helpful. It was a great trip!”

You too?

Persons interested in becoming a part of the Travel program at Sullivan and enjoying these special tours should contact the admissions office at Sullivan College immediately.
Student Board Sponsors Spirit Week For Homecoming

The Student Board of Directors of Sullivan College offers many opportunities for students to get involved in planning their own college social activities. Activities for Homecoming began with support of the Executives basketball team. Spirit Week began with a “Penny War”. Students, faculty and staff collected pennies in support of the predicted victor of the Students vs. Staff basketball game. Tuesday was “Beach Day” (wow, it was cold). Wednesday was “Sweat Suit Day”, and Thursday was “Spirit Day”.

Queen Election

The most suspenseful activity of the week was, of course, the election of the 1990 Homecoming Queen. Contestants were nominated by their classmates and the competition was fierce but friendly.

Busy Spring Too

Plans are underway for a busy spring quarter which will include a trip to Kings Island.

The Student Board provides an opportunity to develop leadership which serves the best interest of the entire student body. Get involved! Become a member of the Student Board. Check the newsletter for details or see Sandy Hayden, Director of Student Activities.

Cori makes a delicious selection at the Summit Valentine’s Bake Sale.
Summit Supports

Been out of school five years or more? Having trouble readjusting to school? Feel like there is no one to help you? There’s good news for you! “Summit” is here to help.

Support Group

Summit is a support group whose purpose is to be there when members need help. Returning to school can be a stressful experience for some “older” students. Members of Summit have experienced most of the same problems you have. “Just having someone to talk to and to encourage you in your efforts can be a great plus. Knowing that someone cares can make all the difference,” according to Summit President, Betsy Kennedy. Check the newsletter for meeting room and dates.
B.S.U. Encourages Spiritual Development

The Baptist Student Union is a program that provides opportunity for an inward journey of spiritual growth and an outward journey of service to others. Leslie Limbaugh, campus minister, stated, “The B.S.U. is designed for Christians of all denominations who want to continue their spiritual development while in college. It’s a fellowship of college students seeking to find and implement God’s purpose for them and their world.”

Sullivan a Pioneer

The Sullivan B.S.U. recently sponsored a Dress Down Day to raise money for summer missions. They meet twice a week for prayer, devotion and Bible Study. Check your weekly newsletter for time and place.

Recognized on more than 1100 campuses in the United States and several foreign countries, the B.S.U. began at Sullivan in 1977. In fact, Sullivan was the first career oriented college in the country to sponsor a Baptist Student Union.
Lang Named EOY

Brian Lang, a 1988 Sullivan graduate from Pekin, Indiana, was recently named Employee of the Year by Howard Johnson Plaza Hotel in Phoenix, Arizona.

Brian graduated Cum Laude from the Travel & Tourism Program and worked as a sales agent at the Travel Post in Salem, Indiana before relocating to Arizona.

We all congratulate Brian and wish him continued success with his career.
Congratulations Nanny Grads

Eight Professional Nanny students graduated at the January 1990 graduation ceremony. With a full house of over 1,400 family members and friends, it was uplifting to see The Professional Nanny Program so well represented.

Professional Nanny graduates Karen Hardin, Rose Miller and Laura Curtis graduated with GPAs of 3.50 and higher; Laura Curtis earned a 3.90 GPA! We congratulate these students for their hard work, dedication and love for children.
Kentucky Supreme Court Justice Addresses Sullivan Audience

The Institute for Paralegal Studies at Sullivan College recently hosted a special lecture by the Honorable Charles M. Leibson, Kentucky Supreme Court Justice. Leibson is a member of the prestigious International Academy of Trial Judges and the American Law Institute.

Although Justice Leibson’s talk centered on the paralegal’s role in the legal system, the legal topics he covered were many and wide-ranging.

**Justice Uses Sullivan Extern**

Leibson said he had been going through a learning experience using a paralegal for the first time recently. He had given Lisa Padula, a student at Sullivan’s Institute for Paralegal Studies, the opportunity to perform her externship in his office. As far as he could tell this was the first time a Kentucky Supreme Court Justice had used a paralegal extern. Both parties seem pleased!

**Profession Still Developing**

Leibson pointed out that the paralegal profession is still developing and recognition and acceptance of paralegals by the legal community is increasing daily. He advocated formal educational training for all paralegals. Leibson said it was essential for attorneys and paralegals alike to understand the ramifications of Rule 3.700 of the Kentucky Supreme Court, which sets the standards for the utilization of paralegals by attorneys.

**Paralegals, Take Charge**

On the subject of licensing of paralegals, Justice Leibson said it was up to the paralegal profession itself and not attorneys to lobby for regulatory standards the profession deems necessary. Leibson warned paralegals not to leave the licensing issue up to attorneys alone. It was a stimulating experience to have Justice Leibson on campus and “telling it like it is” about the paralegal profession!
Lisa Likins, Director of Public Relations for the Nanny Program, joins Vice President Davisson and Louisville Nanny Coordinator, Sandy Hill-Binkley, in proudly displaying new ACNS membership certificate.

Professional Nanny Program Receives National Recognition

The Professional Nanny Program at Sullivan College (Louisville & Lexington campuses) recently received approval for membership in the American Council of Nanny Schools (ACNS).

Membership is based on meeting the rigorous standards of the ACNS Council which include curriculum, course outlines, faculty qualifications, and admission requirements.

 Adds Professionalism

The purpose of ACNS is to promote the professional status of Nannies, provide professional support, and maintain educational standards in Nanny training programs.

Lisa Likins, Director of Public Relations for Sullivan’s Nanny program, has already received several calls from families inquiring about nannies graduating from the ACNS-approved training program. The program is receiving national attention from families and prospective students alike.

A Leader in Child Care Training

Sandy Hill-Binkley, Program Coordinator, believes, “Membership with ACNS is a real addition to the professionalism of Sullivan’s program. I am thrilled about our future as a leader in the field of professional in-home child care.”

Sullivan College’s Professional Nanny Program is one of only 19 programs in the entire country with this prestigious professional membership and recognition.
Kathy Barrett, A Travel Pro!

Kathy Barrett became a Sullivan College travel instructor March 1989. Prior to joining the Sullivan faculty, Kathy was a travel agent for more than 11 years.

She enjoyed the travel and quickly rose through the ranks. Kathy found each new position challenging and educational. Her hard work was often rewarded with exciting trips.

More Promotions & Trips
In August 1983, Kathy moved to Louisville’s Fugazy International Travel. Kathy soon became manager of Fugazy and was responsible for its total operation. She continued to take and enjoy many exciting trips.

Some of her many trips have included England, Holland, France, Italy, Monaco, Mexico, Israel, India, the Amazon, Alaska, Canada, Hawaii, and several trips to Greece.

Meets Tom Cruise
In June 1987 Kathy married John Barrett, Jr. One of her most thrilling trips was taken with her husband when they attended John’s cousin’s (Marion Mapother) wedding at Avon-by-the-Sea, New Jersey. “The area was beautiful, and the wedding was lovely, but the biggest thrill was meeting John’s cousin, the bride’s brother, Tom Mapother, better known as Tom Cruise.”

“It was an exciting experience. I was part of a family celebration which included Tom Cruise. It was difficult to relax and be myself when I was in awe of the company around me.

“However, Tom had no trouble being relaxed and acting like your everyday relative. He is just as polite and friendly as the reports say.

“My husband said, ‘Tommy is just like your average guy; relax and be yourself.’ But when Tom walked in with his escort, Cher (Bono), John too, became star struck and nervous.”

Family Comes First
Even considering all her wonderful trips and celebrity acquaintances, Kathy’s most cherished moments have been with her young son, Clay.

“He’s my pride and joy, and I’ve enjoyed being his mother and watching him grow.” Clay is to become a big brother June 1st and Kathy looks forward to “twice the joy!”
TRACY L. MEDLEY  
Marion County High School  
Inventory Entry Clerk  
American Greeting Corporation  
Bardstown, KY

MARGIE DENISE FULLER  
Doss High School  
Secretary  
Kentuckiana Foam  
Louisville, KY

THOMAS E. MATTINGLY  
Farn Creek High School  
Computer Operator  
Steel Technologies, Inc.  
Louisville, KY

HELEN T. HICKERSON  
Shawnee High School  
Senior Accounting Clerk  
Ky. Liquor & Wine Company  
Louisville, KY

DONNA RAE SPENCER  
Jeffersonville High School (IN)  
Guest Services Agent  
The Brown Hotel  
Louisville, KY

JEANETTE HIGHBAUGH  
South Louisville Christian High School  
Professional Nanny  
Day nanny - New Albany, IN  
One child age 21 months

SANDY MARIE GAGEL  
Westport High School  
Accounting Clerk  
Sheehy & Knopf, Inc.  
Louisville, KY

*BARBARA RHEA  
Durrett High School  
Accounts Payable Clerk  
DelHar Paint & Varnish Co.  
Louisville, KY

*PAULETTE SAITERY  
Severn High School  
Bookkeeper  
Lewis Metal Equipment Co.  
Louisville, KY

*SUSAN KIM VOLZ  
Seneca High School  
Administrative Assistant  
Dismas House  
Louisville, KY

*MONICA BOWLES  
Waggner High School  
Professional Nanny  
Live-in - Louisville, KY  
One child age 10 months

*KAREN (KNOOP) RICKETS  
Bullitt Central High School  
Accounting Staff  
Barratt & Little  
Louisville, KY

*ROSE MILLER  
Utuline Academy  
Professional Nanny  
Day nanny - Anchorage, KY  
One child age 6

*RICHARD LEWIS PARKER  
Silver Lake High School (MA)  
Billing Clerk  
National Health Lab  
Louisville, KY

*LESLIE ROCHELLE CULVER  
Nelson County High School  
Accounting Clerk  
Fred Sutherland, CPA  
Bardstown, KY

*TIMMY LEE KENWORTHY  
Dinmore High School (KY)  
Pendelco  
Kentucky Department of Public Advocacy  
Frankfort, KY

*DEE ANN BOWMAN  
LOUISVILLE HIGH SCHOOL  
Accountant  
LOUISVILLE LIFT TRUCK  
LOUISVILLE, KY

*REBECCA LANNY BOONE  
LOUISVILLE HIGH SCHOOL (IN)  
Accountant  
LOUISVILLE LIFT TRUCK  
LOUISVILLE, KY

*TIMOTHY LEE GRAHAM  
LOUISVILLE HIGH SCHOOL (KY)  
Pendelco  
Kentucky Department of Public Advocacy  
Frankfort, KY

*HANNAH LEE SMITH  
LOUISVILLE HIGH SCHOOL (KY)  
Pendelco  
Kentucky Department of Public Advocacy  
Frankfort, KY

*KAREN LYNNE GRAY  
LOUISVILLE HIGH SCHOOL  
Accounting Staff  
Barratt & Little  
LOUISVILLE, KY

*ROBERT K. STRAW  
Kuykendall Central High School (IN)  
Pastry Chef  
Hunting Creek Country Club  
Prospect, KY

*KAREN M. O'NEILL  
LOUISVILLE HIGH SCHOOL  
Accounting Staff  
Barratt & Little  
LOUISVILLE, KY

*SUSAN H. EVERITT  
LOUISVILLE HIGH SCHOOL (IN)  
Pendelco  
Kentucky Department of Public Advocacy  
Frankfort, KY

*SUSIE KEECE  
Eastern High School  
Professional Nanny  
Live-in - Southern Indiana  
Three children ages 5, 3½ and 1

*ROBIN LYNN BROWNING  
Central High School  
Travel Agency  
Woodside Travel  
Louisville, KY

*KAREN M. O'KEEFE  
LOUISVILLE HIGH SCHOOL  
Accounting Staff  
Barratt & Little  
LOUISVILLE, KY

*TERRI LYNN BLESSITT  
Southern High School  
Accounts Payable Operator  
Spaulding Companies  
Louisville, KY

*Karen Lynne Gray  
LOUISVILLE HIGH SCHOOL  
Accounting Staff  
Barratt & Little  
LOUISVILLE, KY

*PATRICIA (BROOKS) ASHBY  
Shelbyville High School  
Bookkeeper  
TNT Productions  
Louisville, KY
GINA RENEE MATTINGLY
Marion County High School
Administrative Accountant
Toyota
Georgetown, KY

"CANDICE (BATES) HIGHTOWER
Owsley County High School
Front Desk Manager
Radisson Hotel
Lexington, KY

JEAN MARIE COX
Seneca High School
Secretary
Hrn, Reed, Harper, Eisinger, Attys.
Louisville, KY

LORI ANN PIERCE
Paris High School
Utilities Clerk
Columbia Gas Company
Lexington, KY

PATRICK WAYNE DALE
Nicholas County High School
Baker
O'Callaghan's Catering & Deli
Louisville, KY

BRIDGET ANN HOMMRICH
Mercy Academy
Administrative Accountant
Noble Rye, CPA
Louisville, KY

JOHN J. RIOS
Bolivar High School (MO)
Sales Representative
Galt House
Louisville, KY

LORA ANN CECIL
Nelson County High School
Guest Service Representative
Hyatt Regency Hotel-Ravinia
Atlanta, GA

*ALISA DIANE MCCUTCHEON
Henryville High School (IN)
Sales Accounting Service
J.J. Carter & Sons
Louisville, KY

DEBORA DIANE HALL
Bullitt Central High School
Travel Receptionist
Travel Plex
Louisville, KY
Culinary Arts Program Earns National Accreditation

Chef Chairman Tom Hickey, C.C.C., C.C.E., head of the Culinary Arts program at Sullivan College, proudly announced accreditation of Sullivan College’s National Center for Hospitality Studies Culinary Arts program by the prestigious American Culinary Federation Educational Institute (ACFEE)!

Elige Group

Only 35 other Culinary programs nationwide have been able to meet the rigorous accreditation standards of the American Culinary Federation. Sullivan College’s National Center joins an elite list of institutions across the country with this special professional recognition.

Its Value for Grads

In addition to recognizing the quality educational program and teaching within the Culinary Department, this programmatic accreditation allows graduates of the Culinary program to be immediately eligible to apply for certification by the American Culinary Federation as a Certified Cook (C.C.). Many chefs work for years before they obtain the required experience and training to receive this important first certification level. Master Chef is the highest level possible for chefs with many years of experience.

Chef Rhea National Chairman

Sullivan College is most fortunate that the National Certification Chairman of the American Culinary Federation is a member of the Sullivan College faculty. Chef Walter “Spud” Rhea, Certified Master Pastry Chef, says, “For these new graduates to be certified within a short time of graduation puts them a step up in the job market and recognition level.” He adds, “It makes me proud to be able to process applications from Sullivan graduates, particularly since Sullivan’s program began just a little over two years ago.” It takes many colleges years for their program to earn this prestigious accreditation.

Grad Moves Ahead

Recent graduate Robert Straw, Pastry Chef at Hunting Creek Country Club, says, “I’m getting my application in as soon as possible. I’m excited about the opportunity to be certified, and I believe it’s going to add to my upward mobility in the industry.”

Hickey Presents Certificate

Chef Hickey recently presented the official certification form to Sullivan Vice President Tom Davison in a ceremony at the college.

He explained that the accreditation was earned after a rigorous self-study of Sullivan’s program. The college was visited by a four-member team of professional chefs and culinary educators who evaluated the program over a three-day period. Some quotes from that team visit are:

“The classes are small with a great opportunity for one-on-one instruction.”

“Fridays every week are devoted to additional help to students. The students feel that instructors are very attentive to them.”

“There is a strong advisory committee which supports the program and its objectives and is made up from a wide range of hospitality professionals.”

“The administration is to be commended for its strong support of the program, particularly in the area of funding and providing time off for professional development of the faculty.”

“The College-wide Retention Plan – iPlus Friday, levels of counseling and advising, suggestion boxes, etc. is an asset to the Culinary program.”

“Excellent faculty involvement with students both in and out of class activities.”

This is another milestone in Sullivan’s history, and it shows clearly the quality and the growing national recognition of the hospitality programs offered by Sullivan College.

Executive Chef Tom Allan (R) points out the specifics of buffet preparation to 2nd quarter students Bobby House, Scott Smith, Freda Murray, and Kevin Kahlmeyer.
Sullivan Students Eat Their Way Around The World

No other college students in the United States have the opportunity that Sullivan students have. The Culinary Arts and Hotel/Restaurant students at Sullivan College each Thursday prepare a special buffet for both day and evening students which is served in the college food service center. Buffet tables are adorned with silver trays and stu-
dents with their tall white loques serve a fantastic buffet meal representing a variety of international cuisines to students, faculty, staff, and visitors. For example, buffets scheduled for the past winter quarter included selections from:

1/25/90 - Italy
2/1/90 - Polynesia
2/8/90 - Russia
2/15/90 - France
2/22/90 - The Middle East
3/1/90 - The British Isles
3/8/90 - Germany

What a Bargain

These buffets, served at a cost of only $3.60 per person, offer Sullivan students a wonderful opportunity to experience taste treats they would not normally receive in Kentucky or Southern Indiana. Chef John Castro states, “Our Culinary students have a wonderful opportunity to learn to cook specialized items and I’m thrilled that our current students have the opportunity to experience a variety of different tastes. Our biggest problem is getting some of our Kentuckiana students to take a chance and taste something different. They’re used to their standard ‘southern cooking’ or are on a hamburger diet; it’s hard for some of them to change their eating habits.”

One Culinary student said, “It’s a wonderful opportunity for us to learn to cook and serve a variety of items from around the world that will increase our ability to be better chefs.”

Try a Thursday Buffet

If you haven’t tried the international buffet in the college food service center on Thursdays at lunch and dinner, give it a try. You have everything to gain and only a few dollars to lose — it’s a great bargain!
“Cooking Tips” Videos — Big Hit!!

The Culinary Arts department has just completed a series of videos to be made available to high school Commercial Foods and Home Economics classes. These videos feature the faculty of the National Center’s Culinary Arts department sharing their special recipes and unique abilities. The high school students will be able to prepare these recipes at their own homes. Unique items such as special omelets, authentic Chinese cooking, Fettucine Alfredo, and other recipes are featured in these videos.

Full Series by Fall

There will be several advanced showings of these tapes this spring for selected high school classes. The full series will be available at the beginning of the 1990-91 school year. This community service is an effort by Sullivan College to share with the high school community the great talents of the nationally and world recognized chefs that are on the National Center’s faculty. Early responses from the Home Economics and Commercial Foods teachers have shown that they are excited about this unusual opportunity to have the teaching skills of our faculty available for their students.
Hotel/Restaurant Management Students Attend Ohio Show

The Ohio Food, Beverage and Lodging Show in Cincinnati was the site of a recent field trip for Hotel-Restaurant majors. Instructor for the Hospitality Marketing class, Bob Lewis, spent two full days with 14 students studying convention and trade show management and its practical application. Those HR majors participating were: Heather Young, Joann Galeener, Nicole Topping, Denise Brownmiller, Nicole Rose, Kathy Holton, Teresa DuVal, Charles Yaw, Richard Duggan, Ed Skinner, Ed Bell, De Curtis Grooms, Kevin Morton, and Andy Wells.

Loads of Exposure

All aspects of planning a successful trade show (hotels, seminars, and entertainment) were studied. This outreach to the hospitality industry also provided the opportunity for Sullivan students to attend two powerful seminars, “Effective Business Advertising” and “Profitability for the 90’s”. The students enjoyed the visit to the “real” world of the hospitality industry.

To the National Show

Plans are currently underway to visit the National Restaurant Show in Chicago in May. The NRA Show is the industry’s largest trade show and offers students and professionals alike many management clinics and the opportunity to interact with national representatives of the hospitality industry.
SMILES, SWEAT, LAUGHTER

Nathan and Jeff show the true Sullivan spirit, painted faces and all!

Brian goes to war against one of over 20 teams who fell to a vicious Exes offense.

Student support was enthusiastic all year — thanks to all the Exes' fans!

The last home game was a special time for players, cheerleaders, and fans alike!

WOW WHAT A WINTER!

Instructors Shmonds, Selbert and Franklin — California Raisins!

Michelle and Randy strut their stuff in recent fashion show.

Stan Hughes (#20) shoots over coach Selbert for the Student Exes vs. Staff while student/intramural coach Stell (above) contests a close call.

The Homecoming Queen and Court . . . (l to r) Tabitha, Regina, Jesica, Jennifer, Barks (Queen), Jennifer Q., Lori, Gen and Angie . . . Win! Oh yes, the guys are there too . . . thanks escorts — you look great in those suits!
KJCAC State Champs Again
NJCAA Region VII Runner-Up

The powerful 1989-90 men’s Sullivan Execs basketball team proudly continued a 25-year winning tradition by posting 31 wins this season. The final game was with nationally ranked Hiwassee from Madisonville, Tennessee in the finals of the NJCAA Region VII tournament which Hiwassee won 89-80.

State Champs Again

The Execs were Kentucky Junior College Athletic Conference champions for a third straight year and for the second consecutive year won three of the four games in the Region VII tourney. The team was led this year predominantly by its sophomores, Jack Jennings, Tim Corder, David Marshall, Keith Nelson, and Brian Coffey but received strong support from a very capable bench.

Three Out of Four

During the Region VII tourney played in Dyersburg, Tennessee, the Execs advanced to the finals by defeating St. Catharine College from Springfield, Kentucky 94-74; Columbia State College from Columbia, Tennessee 102-66; then Walters State College from Morristown, Tennessee 76-71.

Hiwassee College, the eventual Region VII champ, was led by ex-UK star Eric Manuel and University of Oklahoma signee Orlando Lightfoot. These two combined for 55 of Hiwassee’s 99 points in the championship game. Tim Corder led the Execs and all scorers with 33 vs. Manuel’s 30. Corder and Jennings were both named to the All Region Tourney Team.

Whata Season!

Even though no one is ever ready for a season to end short of a national championship, the 1989-90 season has been a super one for the Sullivan Execs. Some of the many accomplishments are:

- won four tournaments (KJCAC tipoff; Sinclair College Classic; Motlow State Elite Classic; and the Sullivan Invitational)
- three players already signed NCAA Division I for next year with at least two more to sign this spring
- four players on the All KJCAC team (Jennings, Corder, Coffey, and Nelson)
- nationally ranked in top 20 most of season
- defeated national power Vincennes University twice
- and oh, so much more!

Thanks Execs for a superb year!!!

Tim Corder (30) goes over Eric Manuel for 2 of his game high 33 while Keith Nelson (50) goes up for 2 while #34, Orlando Lightfoot can only look on.
Fab Five Have Phenomenal Year

Sullivan’s five outstanding sophomores gave us a great season and a lot of memories. Jack Jennings, a 6’6” forward, was MVP of the KJCAC Tip-Off tournament, joined the Sullivan 1,000 point club, and signed a national letter of intent to play for Western Kentucky University.

In his first season at Sullivan, 6’4” forward David Marshall averaged 11 points and 5 rebounds a game while earning MVP honors at the Sullivan Invitational.

Another first year player, 6’7” center Keith Nelson made All-Tournament Teams three times this season, and signed a letter of intent to play for the University of Tennessee at Chattanooga next year.

Team assists leader, 6’2” guard Brian Coffey had 4.8 assists per game and was voted to two all-tournament teams, along with MVP honors at the Elite Classic.

The final member of the Fab Five is 6’3” guard Tim Corder. Tim signed last fall to play for Middle Tennessee State University next season, and has been selected to two all-tournament teams, and voted MVP of the Sinclair Tournament.

Congratulations to these five young men for all of their outstanding accomplishments and thanks for all the super memories!
Sullivan-Lexington
Lady Execs 30-2

In only its first year of intercollegiate athletics, the Lady Executives from the Lexington campus recently completed a season most colleges dream about in a lifetime!

Coach Laura Litter and the Executives ended the season with 30 wins and only 2 losses — the second loss coming in the finals of the Region VII tournament against Tennessee's top ranked team from Shelby State Community College.

Throughout the entire season, the Executives were ranked in the top ten teams in the nation by the National Junior College Athletic Association. Most of the season, the team was ranked fourth among the more than 350 teams participating in the NJCAA.

While the outstanding season was a team effort, some individuals were singled out. Three players, Kristie Jordan, Tammy Walker and Malissa Boles, were named to the All-Region team and Coach Litter was named Coach of the Year by the Kentucky Junior College Athletic Conference. The Region VII All-Tournament team included Tammy Walker and Malissa Boles.

As has been the case with the men's program in Louisville for many years, the Lexington campus of Sullivan College has now become a national power in women's intercollegiate basketball.

Congratulations Lady Executives!
Gerald Gray, a 1984 graduate of Sullivan College, has continued to play basketball competitively even after college. Gray now plays for the Harlem Globetrotters! This is his first year with the organization and he is a member of the International team.

**Louisville Native**

Gerald grew up playing basketball in Louisville. At Iroquois High School he was voted to the All-State team in 1981. While attending Sullivan he was selected as an All-American in 1984 and received a scholarship to Austin Peay University in Tennessee where he was an All-Ohio Valley Conference player. After college he got his chance to play professional basketball in South America. For three years he played in Argentina and Columbia before getting a try-out with the Globetrotters. He made the team and is loving every minute of it.